



NJWELL
Working for a
Healthy New Jersey

www.paladinahealth.com/newjersey



It's not too late to protect yourself from the flu!

From the Treasurer

It's not too late to get vaccinated, if you haven't already. New Jersey is currently experiencing high flu activity. The CDC estimates that so far this season there have been at least 32 million flu illnesses, 310,000 hospitalizations, and 18,000 deaths from flu, including two New Jersey children.

Although the seasonal flu vaccine cannot protect you from other viruses, it may help you avoid a trip to the doctor's office or emergency room. Not only may this lessen your exposure to other illnesses, it may also reduce your risk of developing more serious complications.

Don't miss this opportunity to protect yourself and your family from the flu!

State of New Jersey members of SEHBP/SHBP and their families can get a flu shot at **NO COST** at Paladina Health! Walk-in flu shots will be available at the times listed below, or you can call your Paladina Health care team to schedule an appointment at a time that is convenient for you.

CLIFTON:

4 Brighton Road
Suite 208
Clifton, NJ 07012
PH: 973.321.9884

WALK-IN FLU SHOTS:

Tuesday, March 3
10 am – Noon

Wednesday, March 4
11 am – 1 pm, 2 pm – 6 pm

Thursday, March 5
8 am – 4:30 pm

Friday, March 6
7 am – 3 pm

Monday, March 9
8 am – 4:30 pm

HAMILTON:

3840 Quakerbridge Road
Suite 110
Hamilton, NJ 08619
PH: 609.528.2144

WALK-IN FLU SHOTS:

Wednesday, March 4
8 am – 4:30 pm

Thursday, March 5
9 am – 6:30 pm

Friday, March 6
8 am – 1 pm

Monday, March 9
8 am – 4:30 pm

Tuesday, March 10
9 am – 6:30 pm

JERSEY CITY:

631 Grand St.
#2-500
Jersey City, NJ 07304
PH: 973.685.5809

WALK-IN FLU SHOTS:

Mondays, March 2 and 9
8 am – 1 pm, 2 pm – 4:30 pm

Tuesdays, March 3 and 10
9 am – 1 pm, 2 pm – 6 pm

Wednesday, March 4
8 am – 1 pm, 2 pm – 4:30 pm

Friday, March 6
7 am – 11 am, Noon – 3 pm



PALADINA
HEALTH™